

**2017 Lou Cecala Youth Summer Baseball Camp at
Notre Dame High School
Monday-Thursday, June 19 – June 22
9:00 AM – 1:00 PM
\$125**

Camp Focus

◆ **Hitting Fundamentals:** Our coaches and instructors will go over proper hitting fundamentals through a series of drills, which will focus on grip, swing path, extension, and follow through. Our staff will also provide players with video analysis through Technique Baseball and Zepp Baseball

◆ **Fielding Positions:** The Lou Cecala Baseball Camp will focus on fielding stations each day to detail proper fielding positioning for both infielders and outfielders. Our staff will begin with basic fundamentals working each day to advanced drills for each position

◆ **Pitching Mechanics and Catching Fundamentals:** As part of the fielding drills, coaches will focus on pitching mechanics and throwing fundamentals each day beginning with basic and advanced drills provided from Major League Baseball. Our catching drills will focus on proper stance and form when receiving and blocking as well as throwing mechanics to assist in more accurate throws

◆ **Base Running:** Our coaches will teach a five-point focus on proper base running from home to first, home to second, home to third, and situational base running covering all potential base running plays

◆ **Live Game Situations:** Our camp will provide players with live game situations each day, while grouping the players to compete and play with players of a similar age. Our Live Game Situations focus on putting players in positions to react in game scenarios using the fundamentals taught in our fielding and throwing stations

Coaches

The Coaching staff will be made up of the current 2014 Colonial League and District XI Champions, Notre Dame High School Baseball Program as well as current and former Crusader baseball players. For any further information or questions on family discounts, please contact Dan Villanti at djvillanti@gmail.com.



Location

The camp will be held on the campus of: Notre Dame High School
3417 Church Road
Easton, PA 18045

To register, please email Dan Villanti at djvillanti@gmail.com
\$25 off when Registered before March 1, 2017